

Christmas-at-Sea

A Holiday Initiative of



Seafarers International House

SEAFARER'S WATCH CAP (KNIT FLAT ON STRAIGHT NEEDLES)

Pattern and instructions courtesy of *Seamen's Church Institute (SCI)*.



MATERIALS Approx. 200 yds. worsted weight yarn
US size 6 or 7 16"-circulars and double pointed needles (or size needed for gauge)

GAUGE 4.5 st = 1"

Cast on 84 stitches. K2, P2 ribbing for 4".

Switch to garter stitch (knit every row) for 5.5", or 40 rows (20 garter ridges).

DECREASE FOR THE CROWN

K10 k2tog* repeat from * to end of the row. Knit back.

k9 k2tog* repeat from * to end of row. Knit back.

K8, k2tog* repeat from * to end of row. Knit back.


K7, k2tog* repeat from * to end of row. Knit back.

K6, k2tog* repeat from * to end of row. Knit back.

K5, k2tog* repeat from * to end of row. Knit back.

K4, k2tog* repeat from * to end of row. Knit back.

K3, k2tog* repeat from * to end of row. Knit back.



K2, k2tog* repeat from * to end of row. Knit back.
K1, k2tog* repeat from * to end of row.
You now have 14 stitches on your needle. Knit 7 stitches.

TO JOIN CROWN

With 7 stitches on each needle, cut yarn (leaving about 15" length for seaming) and thread needle. Fold cap so both needles are even and parallel, with free yarn extending from right-hand end of back needle. While working, always keep yarn under knitting needles. Weave sts from front and back needles together with KITCHENER stitch as follows:

SET UP

Pass tapestry needle through first st on front knitting needle as if to purl. Keep stitch on needle. Pass through first stitch on back needle as if to knit, keeping stitch on needle.

KITCHENER STITCH

*Pass tapestry needle through first stitch on front needle as if to knit, and slip stitch off the needle. Pass through second st on same needle as if to purl. Pull yarn through, but leave st on needle. Pass through first st on back needle as if to purl. Slip st off. Pass through second st on back needle as if to knit, leaving stitch on needle. Repeat from * until all sts are off needles. Pull yarn through and fasten securely leaving extra yarn to sew up seam.

SEW SEAM

Place edges of cap adjacent to each other, pattern matching. Picking up outside loop of st from each side, sew back and forth drawing through two edges securely from top of crown to bottom of cuff. DO NOT SEW THROUGH DOUBLE THICKNESS.

Note: Please pay attention to gauge. If your gauge is larger, cast on fewer stitches in a multiple of 12. For example: at 4.5 st =1", cast on 84, and if it's 4 st =1" then cast on 72.

Include your creation in a satchel or mail it to the address below. If you need to receive empty Christmas-At-Sea satchels or to coordinate delivery or pick up, please contact:

For New England: Ruth Setaro, 203-687-2177, ruthsetaro@snet.net

All other regions:

Jeni Janis, 212-677-4800 (ext. 1218), jeni@sihnyc.org, or
Marsh Drege, 212-677-4800 (ext. 1204), drege@sihnyc.org

Seafarers International House, 123 East 15th Street, New York, NY 10003
or visit us at www.sihnyc.org

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SEAFARER'S SCARF

The original seafarer scarf worn the world over!
Pattern and instructions courtesy of *Seamen's Church Institute (SCI)*.

MATERIALS Approx. 300 yds. worsted weight yarn
US size 6 or 7 needle (or size needed for gauge)

GAUGE 5 st = 1"



Finished measurements:
approximately 6.5" x 46"

Cast on 32 stitches.

Knit even for 14"
K4, P4 for 18"
Knit even for 14"

Bind off with medium tension, and
weave in all ends.

Tip: slip the first stitch of each row
purlwise to neaten the edges.

Note: The 18 inches of ribbing will make the neck of the scarf narrow looking. This makes the scarf denser and warmer around the neck without adding extra bulk.

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Seafarers International House's Mariner's Cowl (Knit Pattern)

Seafarers International House gives special thanks to the handcraft group and Aida Hartmann at St. John's Lutheran Church, Poughkeepsie, for their help in clarifying this pattern.



This cowl can be worked flat or in the round, depending on your preference. It is worked in stockinette, with ribbed edges at both the top and bottom edges. When worked flat, you sewn the sides together, creating a tube.

MATERIALS

#4/Worsted Weight (or any other yarn). A washable, 100% wool yarn is recommended. However, a wool blend may be substituted. #6 needle suggested.

Options:

- Include any color work, as you desire
- If you choose to do so, the Cowl may be knitted in its entirety in 2x2 ribbing

Set-up Row: (knitting flat) Using long tail cast-on, cast on 84 stitches, Slip stitching the first stitch, knit one row, turn work

Slip beginning stitch of each row purl-wise: Row 1: *K2,P2* repeat to end Row 2: Knit the Knit stitches, Purl the Purl stitches Repeat rows 1 & 2 for 2 inches

Body: begin stockinet stitch pattern. Slip first stitch in each row

- Row 1: Knit across to end, turn work
 - Row 2: Purl across to end, turn work
- Repeat these two rows until you've worked 6.5"



Finishing: begin ribbing

Row 1: *K2,P2* repeat to end

Row 2: *Knit the Knit stitches, Purl the Purl stitches.

Repeat rows 1 & 2 for 2 inches

Knit one row to end,

Turn and bind off loosely.

Measure out about two to three times the width of the cowl, cut and fasten off leaving a long tail for weaving.

Thread tapestry needle and sew using mattress stitch or grafting stitch to the end.

Secure and then weave in any ends.

Finished size: about 9.5" wide and 10.5" long. (Extra length allows sailor to cover mouth/nose if needed.)

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